

GALAXY TRAVEL GROUP – NEPAL & BHUTAN



PRE TOUR EXTENSION TO NEPAL & BHUTAN
06 NIGHTS / 07 DAYS

06th Oct'25 DAY 01: Arrive Kathmandu

Meeting assistance on arrival at Tribhuvan Airport in Kathmandu followed by transfer to your Hotel. Evening is free. Overnight Hotel.

07th Oct'25 Day 02: Kathmandu

After breakfast, Full Day City Tour

Pashupatinath : Situated five kilometers east of Kathmandu on the bank of sacred Bagmati river, the temple of lord Shiva Pashupatinath with two tiered golden roof and silver doors is famous for its super architecture. It is the center of annual pilgrimage on the day of Maha Shivratri. Entrance to the temple precinct is permitted to the Hindus only however, visitors can clearly see the temple and activities performed in the temple premises from the eastern bank of the Bagmati river.



Boudhanath: Boudhanath is among the largest stupas in South Asia, and it has become the focal point of Tibetan Buddhism in Nepal. The white mound looms thirty-six meters overhead. The stupa is located on the ancient trade route to Tibet, and Tibetan merchants rested and offered prayers here for many centuries. When refugees entered Nepal from Tibet in the 1950s, many of them decided to live around Boudhanath. They established many gompas, and the "Little Tibet" of Nepal was born. The Boudhanath area is a visual feast. Colorful thangkas, Tibetan jewelry, hand-woven carpets, masks, and khukuri knives are sold in the surrounding stalls. Smaller stupas are located at the base. Gompa monasteries, curio shops, and restaurants surround Boudhanath. Conveniently situated restaurants with roof-top patios provide good food and excellent views of Boudhanath.



PM H/day visit Kathmandu City : Hanuman Dhoka (Durbar Square), Built between the 12th and the 18th centuries, this complex of palaces, courtyards and temples is the historic seat of royalty. It used to be the seat of ancient Malla kings of Kathmandu. The Durbar Square, protected as a UNESCO World heritage site, epitomizes the religious and cultural life of the people.

Swayambhunath (Samhengu): Listed as a world heritage site, this is one of the world's most glorious Buddhist sites in Nepal. Three km west of Kathmandu this site is situated on a hill about 77 m. above the valley. Painted on the four-sides of the spire bases are the all-seeing eyes of Lord Gautam Buddha, the founder of Buddhism.

Stay overnight at hotel.

08th Oct'25 Day 03 Kathmandu – Paro (Flight) – Thimphu (55Kms / 1.5 hrs drive)

After breakfast morning free, in time transfer to Kathmandu airport to connect Paro Flight.

The flight to Paro is one of the most spectacular in entire Himalayas. Flying along the Himalayan range from Kathmandu, the journey offers fascinating views and an exciting descent into the Kingdom. Bhutan's first gift, as you disembark from the aircraft will be cool, clean fresh mountain air. After immigration formalities and baggage collection, you will be met by our guide and afterwards drive to Thimphu, the capital town of Bhutan with enroute stop at **Chuzom**, the confluence of Thimphu and Paro rivers. Three different style of stupas; Tibetan, Nepalese and Bhutanese adorn this confluence. Shortly before reaching Chuzom, you will see on your left **Tschogang Lhakhang**, "the temple of the excellent horse". It is a private temple, built in 15th



century, as the result of visitation from Balaha, the excellent horse, a manifestation of Chenrezig, the compassionate Buddha.

On arrival in Thimphu, check into the hotel. The capital town of Bhutan and the center of Government, religion and commerce, Thimphu is a unique city with unusual mixture of modern development alongside ancient traditions. With a population of about 90,000 it is perhaps still the world's only capital city without a traffic light.

Evening an exploratory walk around Thimphu Main Street and market area. Also visit the **Local Crafts Bazaar**, to browse through example of Bhutan's fine traditional arts. Here you can buy hand-woven textiles, Thangkha paintings, masks, ceramics, slate and wood carvings, jewellery, interesting items made from local materials.

Overnight at the hotel in Thimphu (Altitude 2400m).

09th Oct'25 DAY 04: THIMPHU

After breakfast, visit **Buddha Point (Kuensel Phodrang)**. Located at a short drive from Thimphu city centre, visitors can get a good overview of the Thimphu valley from the Buddha point (Kuensel Phodrang). You can pay your obeisance and offer prayers to the Buddha, the largest statue in the country and then walk around and take a glimpse of the valley.

Commence the “**Buddha Nature Trail**” from **Buddha point** to **Changangkha Lhakhang** (02 hours easy hike). The hike from Buddhapoint to Changangkha Lhakhang is the most popular one to see the locals of Bhutan and at the same time take a forest bath. As you hit the trail you will be greeted by thousands of prayer flags and welcomed by a pristine forest of pines, birch, and rhododendron trees. If you are lucky, you can encounter few wild pheasant and bore. The trail is well maintained and at some places along the trails Gazebos are set up from where you can have a spectacular view of Thimphu valley and ends at Changangkha Lhakhang.



Continue visit the **Changangkha Lhakhang**, which is a fortress like temple and monastic school perched on a ridge above Thimphu, south of Motithang. The temple was established in the 12th century on a site chosen by Lama PhajoDrugomShigpo, who came from Tibet. The central statue here is Chenrezig in a manifestation with 11 heads. From the temple courtyard, there is fascinating view of Thimphu valley.

After lunch, visit **Bhutan Post Office**, the Postal Service in Bhutan was first launched on 10th October 1962 with the opening of a post office in Phuentsholing. In the same year, post offices also opened in Paro and Thimphu.

Traditional Paper-making factory, which comprises of two enterprises; the unit in Thimphu produces traditional handmade paper from natural plants mainly from ‘Daphne’ plant species which is insect-resistant. The other unit in Jimina, 22 km from the centre Thimphu town, recycles waste papers. The traditional

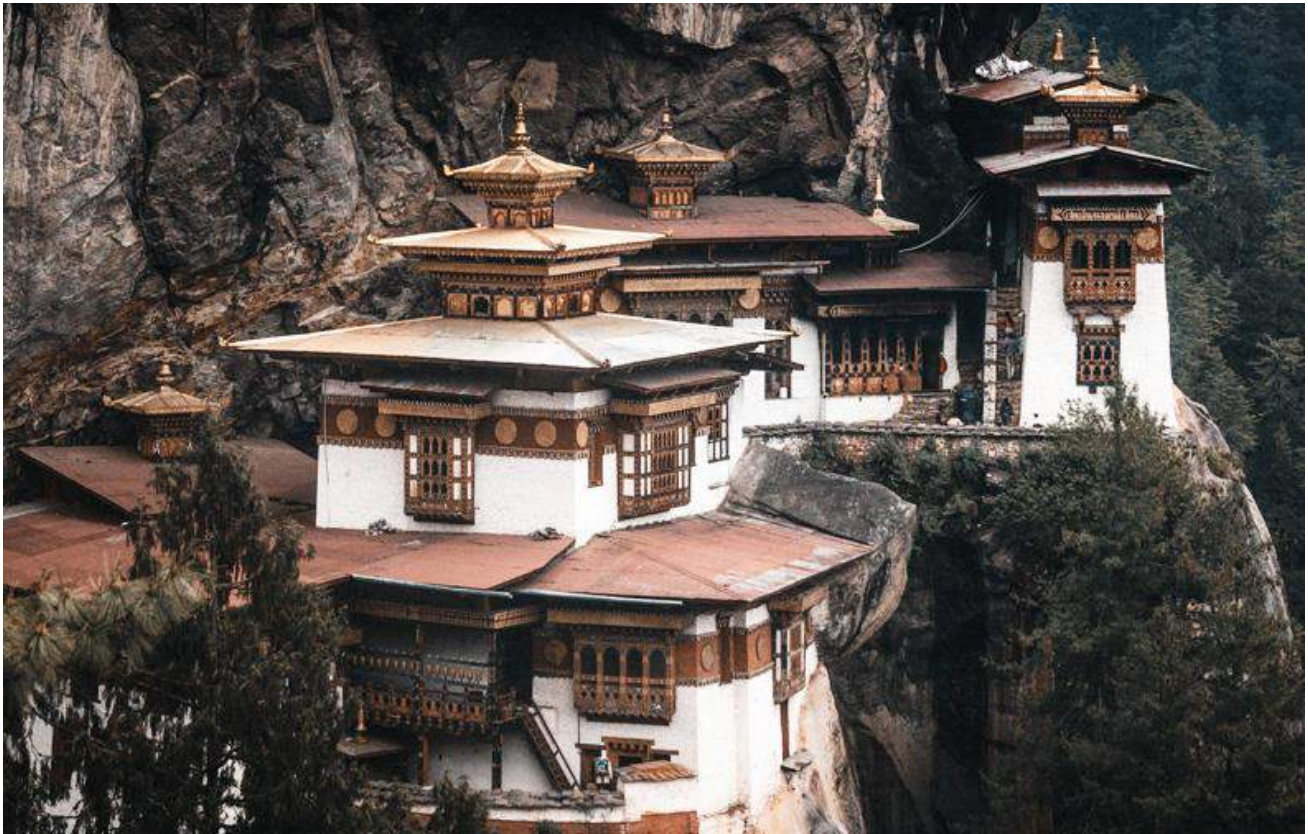
handmade papers are widely used for religious scripts, packing materials, hand-carried bags, lampshades, envelopes, calendars . The paper looks a lot like Japanese washi, and in fact a lot of Bhutanese paper is exported to Japan also.

Evening, visit **Trashichhoedzong**: This impressive fortress/monastery houses Secretariat building, the throne room of His Majesty, the King and various government offices. It is also the summer residence of Chief Abbot and central monk body.

Overnight at the hotel in Thimphu.

10th Oct'25 DAY 05: THIMPHU – PARO (55 KMS / 1½ HRS DRIVE)

After breakfast, check-out from the hotel and drive to Paro along scenic highway, enroute visit **SimtokhaDzong**, the oldest fortress of the country built in 1627 which now houses the School for Buddhist studies.



On arrival in Paro, check into the hotel. After lunch, proceed to visit **Ta Dzong**, originally built as Watchtower, which now houses National Museum. The extensive collection includes antique Thangkha paintings, textiles, weapons & armour, household objects and a rich assortment of natural and historic artifacts.

Ta Dzong visit immediately followed by a short walk down the trail to visit **Rinpung Dzong (ParoDzong)**, meaning (“fortress of the heap of jewels”), which has a long and fascinating history. Along the wooden galleries lining the inner courtyard are fine wall paintings illustrating Buddhist lore such as four friends, the

old man of long life, the wheel of life, scenes from the life of Milarepa, Mount. Sumeru and other cosmic Mandala.

Overnight at the hotel in Paro.

11th Oct'25 DAY 06: PARO

After breakfast excursion to **Taktshang Monastery or Tiger's Nest (approx. 5 hours walk)**: It is one of the most famous of Bhutan's monasteries, perched on the side of a cliff 900m above the Paro valley floor. It is said that Guru Rinpoche arrived here on the back of a tigress and meditated at this monastery and hence it is called 'Tiger's Nest'. This site has been recognised as a most sacred place and visited by ShabdrungNgawangNamgyal in 1646 and now visited by all Bhutanese at least once in their lifetime. On 19 April, 1998, a fire severely damaged the main structure of building but now this Bhutanese jewel has been restored to its original splendour.

Afternoon drive to **Drukgyel Dzong**, a ruined fortress where Bhutanese warriors fought Tibetan invaders centuries ago. The snowy dome of sacred Chomolhari, "mountain of goddess" can be seen in all her glory from the approach road to the Dzong.

Evening, visit the 7th century **Kyichu Lhakhang**, one of the 108 temples built in the Himalayas by Tibetan King, Songtsen Gampo. The building of this temple marks the introduction of Buddhism in Bhutan.

Overnight at the hotel in Paro.

12th Oct'25 DAY 07: DEPART PARO BY AIR

After early breakfast at the hotel, drive to the airport for flight to your onward destination. Our guide will help you with exit formalities and then bid you farewell.

END OF SERVICES

PROPOSAL VALID FOR OCTOBER 2025

Price as under – in US Dollars

MINIMUM PAYING PAX	PER PERSON PRICE IN USD ON TWIN SHARING BASIS
04 Pax onwards	USD 3950.00 Per Person
Single Room Supplement	USD 2325.00
Optional Mountain Flight in Kathmandu	USD 330 Per Person – as on date, subject to change
FLIGHT FARE EXTRA	PER PERSON FARE IN ECONOMY CLASS
Kathmandu – Paro – Delhi	USD 750 Per Person Check In Baggage allowance – 30 KG Cabin baggage – 05 KG



5* Hotel Envisaged as below:

Cities	Hotels	Room Types	Nights
Kathmandu	The Dwarika's	Guest Room	02
Thimphu	Pemako	Deluxe Room	02
Paro	Le Meridien	Classic Room	02

Inclusions:

NEPAL

- Two Nights stay at [The Dwarika's](#) in Kathmandu on CPAI.
- Assistance at Tribhuvan International Airport in Kathmandu.
- Arrival/Departure Transfers in Kathmandu by A/c Vehicle.
- One Full Day City tours in Kathmandu with English speaking guide by A/C Vehicle covering:
 - Boudhnath + Pashupatinath.
 - Kathmandu Durbar Square + Swayambunath Stupa.
- Entrances to Monuments - as on date, subject to change.
- All current applicable taxes.

BHUTAN

- Accommodation on king or twin sharing as per above mentioned hotels
- Breakfast & Dinner at the hotel and lunch at the local restaurant.
- All transfers and sightseeing as per the itinerary.
- Bhutanese English speaking accompanying guide during the tour.
- Governmental royalty and taxes.
- Entrance fee during sightseeing.
- Bhutan visa fee.
- 02 water bottle per person per day basis on the vehicle.

Documents require for Bhutan visa:

- Valid passport copies
- Recent passport sized photos one each guest
- Copy of Travel Insurance

Extra:

- All expenses of personal nature
- Nepal VISA Fee (US\$30 P.P.)- as on date for 15 days VISA, subject to change (on arrival at Kathmandu airport)
- Lunch & dinner in Nepal.
- Lunches in Bhutan.
- Insurance of any kind.
- Visa service except in Bhutan.
- Airfare (mentioned separately)

Special Note:

- All taxes, entrance fees, airfare, Hotel and Transport rates etc. are as on date. Any future hike will be charged extra.



GALAXY
TRAVEL & CRUISES

- The quotation is made on current rate of exchange, if there is a major fluctuation, the same will be notified to you and difference will be borne by the you.
- The above is only an offer and we are not holding any booking at this stage, booking would be subject to availability once confirmed by you along with guest details & guarantee to book.